



Young Adult Addiction Program

Talbott Recovery's Young Adult Program provides comprehensive treatment of addiction (alcoholism, drug use and other addictive disorders) along with its attendant related medical, psychological, psychiatric, spiritual and work-related problems. It is generally agreed that young adults who suffer from addiction have more difficulty achieving sobriety than their adult counterparts. The Talbott Recovery Young Adult Program was designed to address that difficulty. Our young adults (men and women who are approximately 18-25 years old) have a deftly crafted program of their own at Talbott Recovery. Our therapy, focusing on substance abuse in young adults, uses special groups and therapeutic techniques to address the challenges of this age.

Please call our Intake Department
for more information.
(800) 445-4232 or (770) 994-0185
5448 Yorktowne Drive
Atlanta, GA 30349
www.talbottrecovery.com



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Young Adult Program

A place of new beginnings

Young Adult Program

We Address the Whole Patient

Who We Treat

Talbott Recovery accepts patients with a dual-diagnosis, such as addiction with a co-existing depression, unresolved grief, personality problems, etc. All of our patients have a chemical abuse problem, but we address the whole patient in his/her disease. We screen the health status of all potential patients to make sure we are the proper facility for care. This usually involves a review of any medical history and records by a member of the medical staff at Talbott Recovery, and an admissions screening assessment with our Intake Department.

Treatment Issues in Young Adults

Recent studies indicate that young adults with addictive disorders are seldom addicted to just one substance or behavior. They are experiencing significant life changes, and are subject to high levels of peer pressure. At Talbott Recovery, we understand the importance of flexibility in meeting the therapeutic needs of our young adult population as they are learning to navigate their constantly changing social environment.

To prepare patients to meet these challenges, our substance abuse therapy for young adults offers an integrated continuum of care for individuals with addictive or dual diagnosis disorders. The Talbott Recovery approach to treating addictive disease and its accompanying emotional and physical problems is both comprehensive and individualized. Patients and their families participate in psychoeducational and psychotherapeutic groups designed to help them explore addiction and dual disorders, as well as the impact these diseases can have on the family.

After more than 35 years of treating chemically dependent patients, Talbott Recovery's treatment philosophy is built around our belief that addiction is a

Talbott Recovery

Young Adults Face Specific Issues

primary drive that must be managed through education, cognitive restructuring and emotive therapies. While living in Talbott Recovery's structured environment, patients begin to experience a life free from active addiction. As patients move through progressive levels of care, each comprising a broad spectrum of specialty groups and services, they also actively participate in 12-Step recovery programs. Each of these elements helps the patient unearth the issues that drive his/her substance use and/or addiction, allowing him/her to learn how to halt the addictive response.

It is essential to recovery for patients to identify the underlying issues that tend to drive the disease of substance use and/or addiction.

As young adults begin to recover from the shame that surrounds their illness, they can learn how to relate to self and others. This process gives patients an opportunity to develop healthy coping mechanisms and socialization skills necessary to maintain abstinence. Upon completion of the Young Adult Addiction program at Talbott Recovery, patients are more prepared to face life's challenges substance free.

Levels of Care

We stage the intensity of treatment for substance abuse in young adults based upon the levels described by the American Society of Addiction Medicine Patient Placement Criteria, Version II, Revised.

Detoxification & Stabilization

Inpatient stabilization is available for patients requiring a more complicated detoxification and/or behavioral containment to interrupt the downhill spiral of his/her addiction. Patients requiring this level of care are admitted to our sister facility, Anchor Hospital, which sits on the same campus as Talbott Recovery.

Young Adult Program

Program is Crafted for Men and Women

Partial Hospitalization Program (PHP with Recovery Residence)

Following admission or transfer from detox and stabilization, each patient undergoes a thorough evaluation if he/she has not obtained an evaluation previously. The evaluation assesses the patient's physical, psychiatric, psychological, social, spiritual, and family needs to determine the most appropriate level of care.

Mirror Image (with Recovery Residence)

After completing the partial hospitalization phase of treatment, patients may transition to the Talbott Recovery Mirror Image phase. Housing is provided either in our campus housing or through our Transitional Living Program.

Length of Stay

The length of stay will be determined by the patient's treatment requirements and progress through substance abuse treatment. The minimum length of stay in the primary phase of treatment is generally 90 days.

Insurance for Substance Abuse Treatment

Please call the Talbott Recovery Intake Department (800) 445-4232 and speak with one of our specialists who will assist you to get the best utilization of any available insurance benefits.

Staff

Our programs are facilitated by licensed master's level therapists and Board Certified Psychiatrists with expertise in treating addiction and associated psychological problems.



Young Adult Program Information

Young Adult Program Description:

Talbott Recovery's Young Adult Program provides comprehensive treatment of addiction and co-occurring psychiatric disorders such as depression, anxiety, unresolved grief, personality problems, etc. It is generally agreed that young adults who suffer from addiction have more difficulty achieving sobriety than their adult counterparts. The Talbott Recovery Young Adult Program was designed to address that difficulty. The program uses special groups and therapeutic techniques to address the challenges of this age group. We at Talbott Recovery pride ourselves in offering state-of-the-art treatment of addictive disorders using the medical model of treatment, which has been our philosophy since our beginning.

The Young Adult Program houses patients in a residential apartment, surrogate family setting. This setting heals the isolation, loneliness and behavioral problems that every addict or alcoholic develops over the course of their disease. Group therapy is the cornerstone of change in all of our programs; we believe recovery cannot occur alone.

Who we treat:

Talbott Recovery's Young Adult Program accepts patients who are 18 to 25 years of age with addiction and co-occurring psychiatric disorders such as depression, anxiety, unresolved grief, personality problems, etc. All of our patients have a chemical abuse problem, but we address the whole patient in his/her disease. We screen the health status of all potential patients to make sure we are the proper facility for care. This usually involves a review of any medical history and previous treatment records by a member of our medical staff at Talbott Recovery.

Levels of Care:

Detoxification & Stabilization Inpatient stabilization is available for patients requiring a more complicated detoxification and/or behavioral containment to interrupt the downhill spiral of his/her addiction.

Campus Phase (Partial Hospitalization (PHP) with recovery residences) Following admission or transfer from detox and stabilization, each patient undergoes a thorough evaluation if he/she has not obtained an evaluation previously. The evaluation assesses the patient's physical, psychiatric, psychological, social, spiritual, and family needs to determine the most appropriate level of care. Young Adult patients are admitted to our Campus Phase for 90 days as an introduction to the basic skills of recovery.

Mirror Image Phase (with recovery residences) After completing the Young Adult Program's partial hospitalization phase (Campus Phase) of treatment, we frequently recommend patients be transitioned to Talbott Recovery's Mirror Image Phase for an additional 4 ½ weeks (see Treatment Elements). This is usually recommended for individuals who have co-occurring psychiatric conditions, personality related issues, grief, trauma, partner relationship issues, family of origin concerns, sexual or other behavioral processes, or legal issues.

Length of Stay at Talbott Recovery

A patient's length of stay will be determined by the patient's treatment requirements and the patient's progress through treatment. The average length of stay for our Young Adult Program is 90 days in the Campus Phase and an additional 4 ½ weeks for Mirror Image Phase.

Young Adult Treatment Issues:

Recent studies indicate that young adults with addictive disorders are seldom addicted to just one substance or behavior. They are experiencing significant life changes, and are subject to high levels of peer pressure. At Talbott Recovery we understand the importance of flexibility in meeting the therapeutic needs of our young adult population as they are learning to navigate their constantly changing social environment.

To Prepare patients to meet these challenges, the Young Adult Program offers an integrated continuum of care for individuals with addictive disorders and co-occurring psychiatric disorders. Talbott Recovery's approach to treating addictive disease and its accompanying emotional and physical problems is both comprehensive and individualized. Patients and their families participate in psychoeducational and psychotherapeutic groups designed to help them explore addiction and co-occurring psychiatric disorders as well as the impact these diseases can have on the family.

After nearly forty years of treating chemically dependent patients, Talbott Recovery's treatment philosophy is built around the belief that addiction is a primary disease that must be managed through education, cognitive restructuring and emotive therapies. While living in Talbott Recovery's structured environment, patients begin to experience a life free from active addiction. As patients move through progressive levels of care, each comprising a broad spectrum of specialty groups and services, they also actively participate in 12-Step recovery programs. Each of these elements helps the patient unearth the issues that drive his/her addiction and learn how to halt the addictive response.

It is essential to recovery for patients to identify the underlying issues that tend to drive the disease of addiction. As young adults begin to recover from the shame that surrounds their illness, they can learn how to relate to self and others. This process gives patients an opportunity to develop healthy coping mechanisms and socialization skills necessary to maintain abstinence. Upon completion of treatment at Talbott Recovery, young adults are more prepared to face life's challenges substance free.

Continuity of Care:

Talbott Recovery is committed to helping our patients and their families build a long term, self-sustaining recovery. Talbott Recovery's continuing care process assists patients and families in developing a program of recovery and a support system that will provide a solid foundation to achieve that goal after they leave our facility.

Patient Assessments

Each patient undergoes a thorough evaluation. The evaluation assesses the patient's physical, psychiatric, psychological, social, spiritual, and family needs to determine the most appropriate level of care. The multi-disciplinary assessment team includes:

- Attending Physician
- Psychiatrist
- Clinical Psychologist
- Addiction Medicine Specialist
- Assessment Coordinator

The team may also include a pain medicine specialist if indicated, a neurologist, a spiritual counselor, or a sexual boundaries specialist as needed. Upon completion, we discuss our recommendations with the patient, referent, and family as appropriate.

Treatment Planning

During the assessment process, members of Talbott Recovery's staff (with patient consent) will contact family members, friends, healthcare providers and referents to collect key collateral data for integration into the patient's initial treatment plan. In our experience, patients (including those presenting with psychiatric co-morbidity) respond better to treatment, medications and recovery when every aspect of their lives has been addressed in the development of their treatment plan.

Upon completion of a patient's assessment, the treatment team, led by the attending physician, develops an individualized treatment plan for each patient and meets regularly to review each patient's progress and to update treatment goals. The clinical case manager works closely with each patient and Family Counselor to ensure the treatment plan is meeting the patient's changing needs. Soon after treatment begins, the patient's continuing care coordinator will begin the process of identifying a patient's discharge needs.

Treatment Modalities

Group therapy is the cornerstone of change in all of our programs; we believe recovery cannot occur alone. The Young Adult Program utilizes many of the following therapeutic techniques:

- Group therapy
- Medication management of mood disorders
- Individual therapy
- Procedural learning on how to use the 12-Steps
- Psychoeducation group
- Groups for grief resolution and coping with loss
- Anger management groups
- Relapse prevention
- Life skills
- Family therapy
- Family Program
- Spirituality group
- Relapse prevention
- Dialectical Behavioral Therapy (DBT)
- Sexual issues groups (men's & women's)
- Gender issues group
- 12-Step recovery meetings on and off campus
- EMDR (Eye movement desensitization and reprocessing) for trauma issues
- Meditation and mindfulness training

Family Program

The Family Services Department at Talbott Recovery provides patients and families with support and education on the disease of addiction, cross addiction and the impact on the family. The Family Program is designed to assess the family's needs, educate about chemical dependence and offer ongoing family therapy during and/or after the patient's treatment. The family program is the first step many addicted families make towards healing. Once a patient is admitted to Talbott Recovery, a family counselor is assigned to respond to any questions or concerns.

The family program consists of approximately five family sessions and a family workshop during treatment. The family workshop is a three-day educational and supportive experience. The workshop provides education on the disease of addiction and cross addiction and offers an opportunity to address questions and concerns.

Mirror Image

Mirror Image is an addiction treatment innovation created and first implemented by Talbott Recovery founder, G. Douglas Talbott, M.D. Mornings, five days a week Mirror Image patients go to other treatment facilities in the Atlanta area and work with newly admitted alcoholics and addicts. The purpose is to assist patients in overcoming the myopia that often accompanies the disease of addiction - patients can see the affects of the disease of addiction in others but are unable to see those same affects in themselves. Patients consistently report that their experience in Mirror Image has a profound effect on their recoveries. Mirror Image patients return to Talbott Recovery for afternoon groups and appointments with physicians and clinicians.

Continuing Care

Talbott Recovery is committed to helping our patients and their families build a long term, self-sustaining recovery. Talbott Recovery's continuing care process assists patients and families in developing a program of recovery and a support system that will provide a solid foundation to achieve that goal after they leave our facility.

At Talbott Recovery, we believe that continuing care actually begins prior to the patient arriving for treatment. Whoever refers a particular patient to Talbott becomes the starting point for communication with our treatment team and continuing care coordinator. This begins a process of communication that our coordinators build on throughout the course of treatment. Each patient is assigned a continuing care coordinator who will work with them throughout the treatment course to:

- 1 Serve as the referent liaison with our referral sources and the clinical treatment team
- 2 Gather collateral information and provide written and verbal updates to referents
- 3 Assist the patient with any work, licensure or legal issues
- 4 Participate in the multi-disciplinary treatment team to assess patient's progress
- 5 Identify unresolved treatment issues to be included in discharge planning
- 6 Plan Extended Therapeutic Leaves (ETL) for the patients prior to discharge
- 7 Establish a clinical team to assist with patient's long term recovery post-discharge

Alumni Services

The mission of the Alumni Services department at Talbott Recovery is to assist and support the recovery of each and every Talbott Recovery alumni. As men and women who have come to Talbott for help with your substance abuse issues, it's our job and duty to help facilitate continued recovery once you leave our campus. After all, the path to recovery is hardest out in "the real world," and we feel alumni do the best who have connections to other alumni as well as continued communications and contact with Talbott itself.

Talbott Recovery Alumni Coordinators are available to help alumni to do the following:

- Find recovery resources in your area for moral and communal support
- Make contact with other Talbott Recovery alumni (local or otherwise)
- Locate a Local Alumni Chapter or assist in starting a new Chapter
- Answer ongoing questions about recovery issues & addiction support

At Talbott Recovery, we believe that you are always a member of the Talbott Recovery family once you become an Alumnus. We are always available to you and we have many ways to assist you in your recovery.

Return Visit

The leadership at Talbott Recovery, working together with former patients, developed the Return Visit Program. Alumni speak of the significant number of important new friendships they make with other patients while at Talbott Recovery. They also speak of the confidence and trust they developed with Talbott

recovery staff. Mostly, they speak of how they want to “reconnect” with friends and staff on a regular basis. Responding to this feedback, we developed our Return Visit Program, which has become very popular and well attended. Patients include Return Visits as a component of their aftercare.

Return Visit is:

- A time to come back to Talbott Recovery to help “recharge recovery batteries”
- A time to meet and “catch up with” old roommates and “domemates”
- A time to “reconnect” with Talbott Recovery staff who have been important to the patient and to his/her recovery
- A time to remember and recommit to the foundation for recovery they began to build for themselves while in treatment
- A time to offer hope, encouragement, and support to current Talbott Recovery patients

Patients are encouraged to plan their recovery around revisits to the Talbott Recovery. We have learned that the patients who take the time to return to us have a markedly increased recovery rate. Addiction is a disease that we forget we have. The recovery visits remind us to tend to ourselves and our recovery program.

Insurance:

Please call the Talbott Recovery Intake Department (800.445.4232) and speak with one of our specialists who will assist you to get the best utilization of any available insurance benefits.

What To Bring To Treatment

- Pharmacy plan information
- Alarm clock
- Toiletries w/no alcohol (including colognes)
- Calling card/pre-paid for long distance
- USB flashdrive
- Photos of friends & family**
- Favorite pillow**
- Personal CD player/radio w/headphones (not for use on campus) **
- Workout clothes**
- Musical instruments**
- PDA's (not smart phones)**
- Sports equipment (golf clubs, tennis rackets, etc)**
- Casual clothing
- Bathing suit (women - one piece only)**
- Art supplies**
- Writing supplies (journals, stationary, stamps)**
- Reading materials**
- Patients are encouraged to have a car (after receiving staff approval) **Optional

What Not To Bring To Treatment

- Cell phone
- Weapons of any kind
- Non-prescribed medications (including samples)
- Aerosol sprays of any types
- Personal computers or equipment
- Musical instrument amplifiers
- Pets
- Pornographic books & magazines, including Maxim

- DVD/VCR players
- Video games
- Alcohol/drugs
- Excessive jewelry/cash/credit cards
- Inappropriate clothing (tank/sleeveless tops, navel-revealing, references to drugs/alcohol, skin-tight, low-riding)

Provided By Talbott Recovery In Each Apartment

- Towels
- Bed linens
- Washer/Dryer
- Telephone (phone card necessary for toll calls)
- Coffee maker
- Microwave
- Internet access (available at treatment building only – not at residences)

Frequently Asked Questions:

1. What age patients would be assigned to the Young Adult Program?
A: Generally men and women 18-26 years of age will be assigned to the Young Adult Program. However, final decisions on program assignment will be based on individual patient's treatment requirements.
2. What will be the Average Length of Stay (LOS)?
A: Young Adult patients are admitted to our Campus Phase for 90 days as an introduction to the basic skills of recovery. Frequently we recommend our traditional Mirror Image Phase of treatment for an additional 4 ½ weeks. This is usually recommended for individuals who have co-occurring psychiatric conditions, personality related issues, grief, trauma, partner relationship issues, family of origin concerns, sexual or other behavioral processes, licensing and professional concerns, or legal issues.
3. What is the cost for the Young Adult Program?
A: The cost of treatment will vary with each patient's length of stay (LOS) and individual treatment requirements. Please call the Talbott Recovery Intake Department (800.445.4232) and speak with one of our specialists who will help you to determine the estimated costs for your patient.
4. Do you accept insurance?
A: Please call the Talbott Recovery Intake Department (800.445.4232) and speak with one of our specialists who will assist you to get the best utilization of any available insurance benefits.
5. What are the levels of treatment offered?
A: Detoxification & Stabilization, Partial Hospitalization (Campus Phase: PHP – Primary Treatment with residential component), Mirror Image Phase with recovery residences, Outpatient and structured living (non-Talbott Recovery /outside facility) as indicated
6. Do you offer assessments?
A: Yes. All patients are assessed and undergo a thorough evaluation. The evaluation will assess the patient's physical, psychological, social, spiritual, and family needs to determine the most appropriate level of care.

7. What types of patients are appropriate for treatment at Talbott Recovery?

A: Talbott Recovery's Young Adult Program accepts patients 18 to 25 years of age with addiction and co-occurring psychiatric disorders. All of our patients have a chemical abuse problem, but we address the whole patient in their disease. We screen the health status of all potential patients to make sure we are the proper facility for care. This usually involves a review of any medical history and records by a member of our medical staff at Talbott Recovery.

8. What types of patients are not appropriate for Talbott Recovery?

A: Patients with a primary psychiatric diagnosis only, those who are suicidal, with medical conditions that require inpatient care or patients with behavioral problems such as violence or flight risk.

9. What makes Talbott Recovery's Young Adult Program different from programs at other treatment centers?

A:

- Age specific treatment to meet young adults (18-25 yrs) unique challenges
- Separate program designed to specifically meet the treatment requirements and discharge challenges of 18-25 year olds.
- Dedicated clinical staff for young adult patients
- Low patient to staff ratio
- Five full time physicians on staff (all addiction medication specialists including 3 addiction psychiatrists)
- Family Program & Workshop
- Extended Therapeutic Leaves
- Return Visit Program

10. Why would I be successful in your program when I haven't been successful at getting clean and sober at other programs?

A:

- *Navjyot Singh Bedi, M.D. – Talbott Recovery Medical Director*

“We at Talbott Recovery pride ourselves in offering state-of-the-art treatment of addictive disorders using the medical model. We individualize the treatment to the unique needs of every patient. We treat the whole person as a “human being” and not an addictive diagnosis.”

- *Michael Fishman, M.D. – Talbott Recovery Director of Young Adult Program*

“Recent studies indicate that young adults with addictive disorders are seldom addicted to just one substance or behavior. They are experiencing significant life changes, and are subject to high levels of peer pressure. At Talbott Recovery we understand the importance of flexibility in meeting the therapeutic needs of our young adult population as they are learning to navigate their constantly changing social environment.”

- See answer to Question #9

11. If I am in school currently what will happen if I enter into the program?

A: You can apply for a Medical Leave of Absence. Once a release has been signed, Talbott Recovery can send a letter of confirmation to your school if required. You will need to speak to your school's administrator to get the specifics of your school's leave program.

12. Where do patients live?

A: Talbott Recovery houses patients in a residential, surrogate family apartment setting. This setting heals the isolation, loneliness and behavioral problems that every addict or alcoholic develops over the course of their disease. Group therapy is the cornerstone of change in all of our programs, including the Young Adult Program; we believe recovery cannot occur alone.

13. How will I get from the residences to campus every day?

A: Talbott Recovery has buses to provide for all Young Adult Program patients' transportation needs. Our experience in treating young adults shows that not having a car early in treatment supports the structure and containment needed in early recovery. With time the young adult may earn the privilege of having a car.

14. Who will be involved with my treatment?

A: Each patient is assigned an attending physician upon admission to Talbott Recovery. The physicians at Talbott Recovery are Psychiatrists, Internal Medicine Specialists, or Addictionologists. All are certified by the American Board of Addiction Medicine (ABAM). The other members of a patient's treatment team are:

- Psychiatrist/Internist
- Case Manager
- Family Counselor
- Continuing Care Coordinator
- Spiritual Counselor
- Clinical Associate

15. How often will I see a physician? Therapist (Case Manager)? Family Counselor?

A:

- Physician - 1 time/week (minimum)
- Case Manager – Daily
- Family Counselor – 1 time/week

16. What does the day's activities look like? – Click here for Daily Schedule

A: **See attached schedule sample**

17. What education, groups and sessions are offered to help me understand the disease of addiction/co-occurring psychiatric disorders?

A: Patients and their families participate in psychoeducational and psychotherapeutic groups designed to help them explore addiction and co-occurring psychiatric disorders, as well as the impact this disease can have on the family.

Treatment Modalities include:

- Group therapy
- Medication management of mood disorders
- Individual therapy
- Procedural learning on how to use the 12-Steps
- Psychoeducation group
- Groups for grief resolution and coping with loss
- Anger management groups
- Relapse prevention
- Life skills
- Family therapy
- Family Program

- Spirituality group
- Relapse prevention
- Dialectical Behavioral Therapy (DBT)
- Sexual issues groups (men's & women's)
- Gender issues group
- 12-Step recovery meetings on and off campus
- EMDR (Eye movement desensitization and reprocessing) for trauma issues
- Meditation and mindfulness training

18. What will I do in the evenings?

A: Evenings are times when patients:

- Attend 12 Step Meetings (on and off campus)
- Participate in Community Meetings (at the residences)
- Attend alumni groups (on campus)
- Work on program assignments
- Continue to work on socialization skills
- Read, relax, watch television or listen to music

19. What will my weekends look like?

A: On weekends, patients will attend a group at Talbott Recovery. They will also be required to attend a 12-Step meeting. Talbott Recovery staff will provide recreational activities and patients will have time to take care of personal needs: grocery, pharmacy, free time, treatment assignments, etc.

20. Who will be providing my meals?

A: **Talbott Recovery's founder, Dr. Douglas Talbott's treatment philosophy was that patients must learn to be responsible for their own lives and for their sobriety. As soon as patients are stable, they are moved to the patient residences where they cook their own meals** (along with their roommates) in each apartment. All apartments are equipped with required cooking equipment, dishwashers and washer/dryers.

21. What type of activities will be provided that are specific to the needs of younger adults i.e. physical exercise, group outings, etc...?

A: Bowling, sports events, museums, hiking, playing sports/games, etc. Young Adult patients may join local gym.

22. Will I be interacting with the opposite sex?

A: Yes, with staff supervision only

23. May I bring a car?

A: Our experience in treating young adults shows that not having a care early in treatment supports the structure and containment needed in early recovery. With time the young adult may earn the privilege of having a car.

24. May I bring a cellphone?

A: No. Patients in the Young Adult Program will be given access to telephones at the treatment facility.

25. Will I be able to communicate with my friends and family? How often?

A: Patients can write letters or email friends based on the recommendations of their treatment team. One goal of treatment is keep the patient focused on their treatment and new recovery. Too much outside contact can defocus the patient.

26. How will my family be involved with my treatment?

A: Family is a very important part of the patient's recovery. During treatment, each patient/family will be assigned a family counselor who will do a detailed assessment with the patient and also with the family members to determine each family's unique needs. Then, throughout treatment, the family counselor will have weekly family counseling sessions, which can be done on the phone or in person, if the family lives locally. We also have a family support group each Tuesday evening from 6:15-7:30 p.m. for any family members who would like to attend. The patient's physician will be in contact with the family as needed to discuss course of treatment, progress and aftercare recommendations.

Sample Family Program Schedule Attached

27. If I am on medications, how will the medications be dispensed?

A: Medications are distributed at Talbott Recovery for the patient's first week of treatment. After the first week, the patient is responsible for picking up and paying for medications at the pharmacy themselves. Patients are given medications in weekly or monthly doses as determined to be safe by the physician.

28. What happens when I am discharged from treatment?

A: The Talbott Recovery staff will help each patient develop an appropriate aftercare plan. This may include outpatient therapy, family counseling and structured living (non-Talbott/outside facility). Random drug screens may be recommended. All elements are determined by the clinical team in the patient's best interest for recovery.

29. What aftercare or continuing care services are provided?

A: For patients residing in the Atlanta area - Physician monitoring, Tuesday night peer support group, individual therapy.

30. Will I have to live in a ¾ house once discharged from treatment?

A: The treatment team will work with the patients and their families to determine what will be the most effective plan for each patient.

31. Will I be allowed to go on Extended Therapeutic Leaves (ETL's)?

A: Yes, to set up aftercare, if returning to a home not in the local Atlanta area.

32. Will I be able to participate in Return Visits as well?

A: Yes

INSERT FULL ADMISSIONS APPLICATION AT END

Young Adult Daily Schedule – Substance Abuse Counseling &

More

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:05-9:00	Focus Group	Focus Group	Focus Group	Focus Group	Focus Group	Peer Support Group / Outside 12 Step Mtg	In-House Spiritual / Spiritual At Talbott Recovery or Outside 12 Step Mtg
8:30-9:00	Spiritual Group	Spiritual Group	Spiritual Group	Spiritual Group / New Patient Group	Spiritual Group		
9:10-10:00	Yahoo Ed / Dr. M Fishman	Education Group	Education Group	Education Group	Recovery Discussion		
10:15-11:30	Process Group	Young Adults Helping Others (Yahoo) Track	Process Group	Yahoo Track	Process Group		
11:45-12:30	Step Groups	1st Step Presentation	Step Groups / 1st Step Presentation	Step Groups / MI Orientation	Step Groups / Discharge SCCI		
12:30-1:30	Lunch	Lunch	Lunch	Lunch	Lunch		
1:30-2:30	Community Group	Case Management Group	Community Group	Case Management Group	Community Group		
2:45-3:30	Orientation / Step Groups	Orientation / Discharge Group / Relapse Group	Cont. Care Intro	Orientation / MI Process / MI Process / Intro to Centering / Relapse	Orientation / Pride		
3:30-4:00	Centering-Chapel	Centering-Chapel	Centering-Chapel	Centering-Chapel	Centering-Chapel		
4:00-5:00		Nutrition Group					
4:00-6:00				Weekly Graduation			

6:15-7:30		Peer Support Group		In-House Speaker Mtg			
Evening	Community Meal / In-House Speaker Mtg		Community Meal / In-House Speaker Mtg				



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Addiction Family Therapy Schedule

The addiction support workshop is an intensive three (3) day program. Registration begins on Monday at 8:00 a.m. We understand that while at Talbott you would like to visit with your spouse, family member or significant other. However, we ask that you respect and support the patient's need to attend each of his/her daily groups. Patients are permitted to have lunch and dinner with their families. We have included specified times each day for visitation. Below you will find a sample workshop schedule.

Time	Monday	Tuesday	Wednesday
8:00 a.m. 8:15 a.m.	Registration / Welcome -Orientation		
9:00 a.m	Lecture	Lecture	Lecture
10.40 a.m.	Lecture	10:15 a.m. Lecture	10:15 a.m. Lecture
11:30 a.m	Group	Group	Group
12:30 p.m	Lunch	Lunch	Lunch
1:45 p.m	Lecture	Lecture	Lecture
3:00 p.m	Group	Group	Group
4:15 p.m	Al-Anon Meeting	4:30-5:30 p.m. / Reception	Free time with patient to include 12-Step meeting
		6:15 p.m. Group (Spouses/SO)	
	6:00 p.m. / Free time with patient	7:45 p.m. / Free time with patient	
10:30 p.m.	Curfew	Curfew	Curfew

June 18-20
July 16-18
Aug 13-15
Sept 10-12
Oct 15-17
Nov 12-14
Dec 10-12



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Online Admissions Form

Please complete as many questions as possible and fax the completed form to: 770.997.8480.

Online Admissions Form Information about person submitting this application

First Name: _____ Middle Name: _____ Last Name: _____

Relationship to patient: _____

Street Address: _____

Street Address: _____

City: _____ Zip Code: _____ Country: _____

Phone Number(s) (please provide a number that is appropriate to call when an Intake Counselor contacts you) ...

Home Phone: () _____ Best time to call: _____

Work Phone: () _____ Best time to call: _____

Mobile Phone: () _____ Best time to call: _____

Is it okay to contact you? No Yes Email Address: _____

How did you learn about TRC? _____

Patient Information

First Name: _____ Middle Name: _____ Last Name: _____

Social Security Number: _____ - _____ - _____ Date of Birth: ____/____/____ Gender: Male Female

Street Address: _____

Street Address: _____

City: _____ Zip Code: _____ Country: _____

Phone Number: () _____

Marital Status...

- Never been married Married Divorced Separated Widowed

How will you be paying for your treatment?

- Cash Cashier's Check Money Order Credit Card Insurance

Insurance Information

ID#: _____ Group#: _____

Insurance Company Name: _____ Insurance Company Phone Number: () _____

Name of Employer: _____ Name of Policyholder: _____

Relationship to Patient: _____

Phone Number: () _____ Policy Holder's Date of Birth: ____/____/____

Do you want us to verify your coverage prior to contacting you? No Yes

Online Admissions Form

Questionnaire

Name of drug: _____

How long have you used: Months: 3 6 9 Years: 1 2 3 4 5 6 7 8 9 10 More than 10 years, Amount: _____

Name of drug: _____

How long have you used: Months: 3 6 9 Years: 1 2 3 4 5 6 7 8 9 10 More than 10 years, Amount: _____

Name of drug: _____

How long have you used: Months: 3 6 9 Years: 1 2 3 4 5 6 7 8 9 10 More than 10 years, Amount: _____

Have you ever been to treatment before? No Yes

(if so, complete the section(s) below - please be sure to include inpatient and outpatient programs attended)

Name of program:

Type: Select Inpatient Outpatient Other Dates attended: From: ___/___/___ To: ___/___/___

Did you complete treatment? Not Yes Was this a 12-step program? Not Yes

Name of program:

Type: Select Inpatient Outpatient Other Dates attended: From: ___/___/___ To: ___/___/___

Did you complete treatment? Not Yes Was this a 12-step program? Not Yes

Name of program:

Type: Select Inpatient Outpatient Other Dates attended: From: ___/___/___ To: ___/___/___

Did you complete treatment? Not Yes Was this a 12-step program? Not Yes

Have you ever attempted to stop drinking or using? No Yes

If so, which of the following symptoms did you experience? (Please check all that apply)

Seizures Shakes Tremors Swelling Headaches Nausea Vomiting Other...

If "Other", please describe: _____

Are you currently or have you ever seen a psychologist, psychiatrist, therapist or counselor? No Yes

If so, when? _____

If so, why? _____

Were you given a diagnosis? No Yes

If so, what was it? _____

Were you placed on any medication? No Yes

If so, what type and the amount of dosages? _____

Online Admissions Form

Questionnaire (continued)

Have you thought, planned or attempted suicide? No Yes

If so, when? _____

Were you under the influence at the time? No Yes

Have you been ill or hospitalized in the past 30 days? No Yes

If so, why? _____

Do you have any medical problems or physical pain? No Yes

If yes, please describe... _____

Are you currently taking any prescribed medications? No Yes

If yes, what type of medication(s)? _____

Who prescribed the medication to you? (Doctor's name) _____

Are you able to walk, feed, dress, bathe and care for yourself? No Yes

Please check yes or no for the following...

No Yes - Do you have any legal problems from your substance use?

No Yes - Have you driven under the influence?

No Yes - Have you lost a job due to your use?

No Yes - Have you missed work/called in sick due to your use?

No Yes - Are you isolating yourself from family and friends?

No Yes - Is there is a history of addiction in your family?

No Yes - Do you have medical problems due to your use?

For additional information please call our Admissions Department at:

Toll Free: (800) 445-4232

Or at: 770-994-0185