



A Place of New Beginnings

GLBTQ GROUP

The Gay, Lesbian, Bisexual and Transsexual individual has special challenges in their recovery from addiction to alcohol and drugs. They have often lived in an invalidating culture with mixed experiences of the value of disclosure of their sexual identity. They might not have addressed their own internalized homophobia. Like many heterosexual alcoholics and addicts, their social life may be intertwined with bars, alcohol, and drugs.

The personal challenge for anyone undergoing rehabilitation and growth in recovery is to become fully truthful with one's self and with others, because in recovery, "our secrets keep us sick." Being truthful requires insight into the honest emotions of one's heart and soul. Such introspection usually needs support, guidance and honest feedback from another, because to be fully honest and open, for perhaps the first time, is a vulnerable experience. Patients can get this support from their counselors, a mentor, or trusted peer. Patients can explore the issues of their identity, relationships, and recovery during their treatment at Talbott Recovery. In addition to our core programming, GLBTQ clients can participate in a GLBTQ process group that meets twice a week and is led by a gay staff member. Significant others are encouraged to participate in family counseling and family week, where they attend groups, lectures, and sessions.

Talbott Recovery's staff is dedicated to making the process of recovery as safe and rewarding as possible, especially for all persons of diversity who are handicapped by the bonds of addiction. We are a world class treatment center dedicated to assure each person total respect for their personal identity and spirituality. We have over 38 years of experience in helping patients and their families create a life of sobriety and recovery where the promises come true.

Talbott Recovery offers the following programs:

- **72-Hour Comprehensive Assessment program** for professionals with addiction and co-occurring psychiatric disorders
- **Campus Phase for Adults (8 weeks)** for addiction, alcoholism and dual diagnosis:
 - Professionals
 - Adults
 - Dual Addicted Adults (substances and sex or love addiction)
- **Young Adult Addiction Program (90 days)** for addiction, alcoholism and co-occurring psychiatric disorders:
- **Mirror Image Phase (4 ½ weeks)** for addiction, alcoholism and co-occurring psychiatric disorders:
 - Professionals
 - Adults
 - Dual Addicted Adults (substances and sex or love addiction)
 - Young Adults
- **Recovery Residences**
- **Talbott Dunwoody:** Individualized partial hospitalization and intensive outpatient services
- **Talbott Columbus:** Individualized partial hospitalization and intensive outpatient services

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